

7. CROSS COUNTRY

The ICCES Cross Country will be held in Term 3, (approximately Week 3), from 11.30am to 2.00pm at Bundoora Park, Bundoora, Melbourne, VIC.

The ICCES Cross Country is to be hosted by Highview College.

- a. The ICCES Cross Country will consist of 6 events with awards being made to each age group.

Junior Boys	Year 7 & 8 Boys
Junior Girls	Year 7 & 8 Girls
Intermediate Boys	Year 9 & 10 Boys
Intermediate Girls	Year 9 & 10 Girls
Senior Boys	Year 11 & 12 Boys
Senior Girls	Year 11 & 12 Girls

- b. Race order, length and time will be determined by the host school but could potentially follow the format below:

12pm	Senior Boys	5km
12.10pm	Senior Girls	3km
12.30pm	Intermediate Boys	5km
12.40pm	Intermediate Girls	3km
1.00pm	Junior Boys	3km
1.10pm	Junior Girls	3km

- c. All schools are permitted to enter 8 students in each event, however, ONLY the first 4 runners from each school will score aggregate points.

ALL runners will still receive a place card and be placed in their finishing position, but NO points will be awarded beyond the 4th finisher for each school.

Teams with less than 4 finishers will add the last race position to their score for every runner short.

Times will only be provided for the first few places of each event.

- d. Place cards will be given to each runner at the end of the finish funnel and they are to report immediately to their school scorekeeper to be recorded.

Scorekeepers must submit completed scoresheets immediately following each race to the central recorder from Highview College.

The host school will confirm with all other schools' arrangements for the carnival and any requirements that need to be met before race day. E.g. Student Codes or wrist tags.

- e. Points will be allocated as follows:

- 1st = 1 pt
- 2nd = 2 pts
- 3rd = 3 pts etc. Lowest team score win

- f. Age group champion medals will be awarded to each race winner. Ribbons for placings. The Aggregate Trophy will be presented to the team with the lowest total for all 6 races.

g. CARNIVAL ORGANISATION

	Executive Officer	Host School Highview	Participating Schools	Other
Booking of Bundoora Park	X			
First Aid Attendance	X			
Course preparation				
Marshal cones # 1-14		X		
Coloured Flags to mark course		X		
Bunting for finish funnel		X		
Spray Paint for START & FINISH		X		
20 x Star Pickets, hammer and caps				Darebin Council
Starters Gun & ammo		X		
Megaphone / Portable PA		X		
Tents		X		
12 plastic stacking chairs		X		
Trestle table		X		
4 small tables		X		
Ind school Marquee			X	
Marshals				
20 Marshalls			2 per school	11.40am Briefing
20 x Safety Vests		X		
20 x Laminated copies of course & contact numbers		X		
Results				

Student ID Tags			X	
Stopwatches		X		
Scorer			1 per school	11.40am Briefing
Scorecards – 48 plus		X		
Duplicate scorecards			X	
Pencils / Sharpener		X		
Finishing place cards		X		
Computer		X		
Presentations				
Aggregate Trophy			Previous winner	
Medals	X			
Ribbons	X			
	Executive Officer	Host School Highview	Participating Schools	Other
OFFICIALS				
Announcer		X		
Starter		X		
Marshals			X	
Chief Time Keeper		X		
Time Keeper 1-8			X	
Time Keeper Recorders 1-8			X	
Computer Records #1		X		
Computer Records #2		X		
Presentations		X		